



**PMAC** | PRINCE MAHIDOL  
AWARD CONFERENCE **2018**



## **PARALLEL SESSION 3.3**

**CLIMATE CHANGE AND EMERGING DISEASES: THE IMPORTANCE OF RESILIENT  
SOCIETIES**



## | BACKGROUND

During the long processes of human cultural evolution, population dispersal, and subsequent inter-population contact and conflict, several distinct transitions in human ecology and inter-population interactions have changed profoundly the patterns of infectious disease in human populations. As we move further into the 21st century, the spread and increased lability of infectious diseases, new and old, reflects the impacts of demographic, environmental, technological and other rapid changes in human ecology. Climate change, one of the global environmental changes under way, is anticipated to have a wide range of increased impacts upon the occurrence of infectious diseases affecting human, animal, and plant populations.

Climate and weather patterns affect the distribution and risk of many infectious diseases, including vector-borne diseases such as malaria, Rift Valley fever, plague, encephalitis and dengue fever. Weather patterns also affect the distribution of food- and water-borne diseases and emerging infectious diseases such as West Nile virus, Hantavirus, and Ebola hemorrhagic fever and the sporulation of diseases such as anthrax and other clostridia.

The effect of climate variability on infectious diseases is determined largely by the unique transmission cycle of each pathogen. Transmission cycles that require a vector or non-human host are more susceptible to external environmental influences than those diseases which include only the pathogen and human. Important environmental factors include temperature, altitude, precipitation and humidity. Several possible transmission components include pathogen nature (viral, bacterial, etc.), vector (mosquito, snail, etc.), abiotic physical vehicle (water, soil, etc.), non-human reservoir (mice, deer, etc.), and human host.

Humans are more than passive recipients of climate change-induced health effects. We can play a significant and active role through proactive adaptation and mitigation measures in order to control and alleviate the negative health impacts of climate change. The magnitude of changes in climate variables varies across the globe, posing more challenges and stresses for some groups, societies and populations than others. Given the same magnitude of climate change, some population groups and areas are more vulnerable to the elevated risks due to their lack of the ability and resources to effectively respond to the stresses and challenges, including nutrition, immune status, and access to goods, services, and clean water. Inadequate public policies may be perpetuating the marginalization that increases vulnerability to adverse events or change processes. Given that infectious diseases do not confine themselves within a vulnerable population group, these diseases pose a shared global risk and require a coordinated global effort to reduce their vulnerability to climate change-induced health risks. Importantly, human vulnerability to the changing risks for infectious diseases driven by climate change may be altered through proper adaptation measures. Examples include the continuous evolution of public health programmes, the cyclical re-allocation of financial and health care resources and the pre-emptive alteration of policies following scientific projection of spatial-temporal changes in health risk for human infectious diseases. Early warning systems based on such projections have been proven effective in helping societies take proactive measures to prevent or alleviate the possible health impacts.

## | OBJECTIVES

- Explore projected trends in climate change over the 21st century, and their expected impact on infectious disease emergence/re-emergence and AMR
- Highlight practical, evidence-driven policy and approaches to defining and mitigating human-driven emerging disease risk



## Panelist

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I had curiosity about how changing environment affects human health from my early childhood. The questions I had in my mind and the environment where I was brought up, in rural Nepal, planted the seed of nature lover in me. The environment where I was brought up led me to study Environmental Science and the questioning mind led to my professional career as an Environmental Health Scientist. I started my career as an Environmental Health Research Officer in 2005 and has been working as a Chief/Senior Research Officer since 2010 at the Nepal Health Research Council (NHRC), Government of Nepal. I also work as a Guest Scientist at the Institute of Occupational Medicine, Social Medicine and Environmental Medicine, Goethe University, Frankfurt am Main, Germany. I completed my PhD in Geo-sciences (Environmental Health Sciences) from the Goethe University in 2015 and my PhD dissertation on "Effects of climatic and non-climatic factors on the spatiotemporal distributions of vector-borne diseases in Nepal". For my PhD studies, I received a German Academic Exchange Services (DAAD) full scholarship. Achieving both practical and theoretical advances in environmental and public health research, I led research projects on environmental and climate change, non-communicable diseases, neglected tropical diseases and health systems research in Nepal. Recognizing my contribution in the field of climate change and health, I was awarded with the "Young Scientists Award of the Year 2015" by the Nepal Academy of Science and Technology (NAST) in 2015. I also received the Nepal Bidhyabhushan "Ka" Award of the Year 2016 by Rt. Hon President of Federal Democratic Republic of Nepal in 2016. Based on demonstrated excellence in research and commitment to advance society, I have been selected as a Member of the Global Young Academy which is an independent academy of 200 early career scholars covering all areas of the sciences and humanities and every geographical region around the world. I have also been nominated as a member of the Global Burden of Disease collaborator network and also have been selected as a winner of New Voices in Global Health Programme 2017 to attend the World Health Summit (15-17 October, 2017), in Berlin, Germany. I have made substantial contributions to developing environmental health and climate change programmes and policies. In Nepal examples include health sector implementation plans and strategies, National Adaptation Programme of Actions to climate change (NAPA), Local Adaptation Programme of Actions to climate change (LAPA), Pilot Programme on Climate Resilient (PPCR), Climate Change Policy 2011, Health-National Adaption Plan to climate change (H-NAP) and National Adaptation Plan to climate change (NAP) development in Nepal. I have also served the World Health Organization (WHO) in the capacity of Temporary Adviser as well as in the capacity of Climate Change and Health Expert. My research interests include climate change and health, emerging infectious diseases, neglected tropical diseases, non-communicable diseases and gender perspectives on human health.